

DIABETES.....

NZ

NOVEMBER

AUGUST 2026 NEWSLETTER

Hello Lions,

The following is information supplied by Diabetes NZ which fully compliments our work and planning for Diabetes November.

November is Diabetes Action Month, which is a major awareness campaign focus for Diabetes NZ. Last year we launched a peer-to-peer fundraising campaign, and this year we're building on last year's **"One Million Minutes"** campaign. In short, the campaign encourages movement, connection, and wellbeing across Aotearoa while raising awareness of the growing prevalence of diabetes. Funds raised support programmes such as our Live Brave Mana Ora for young people who are living with diabetes.

Please encourage your clubs to get behind this initiative - promote it, form teams and participate? Lions often have Lap the Map as a focus for your activities - which would align very nicely with "One Million Minutes".

For Diabetes Action Month, I know in the past we have tried to encourage a single point of contact for enquiries for planning purposes. For 2026, I propose that this point of contact is me. That said - where clubs have local relationships established already with members of Diabetes NZ, thats something we want to continue to encourage. If any direct approaches are made, it would be great to have that shared with me so we have a collated view. We do our best to accommodate requests where we can, but it's important to note that we don't have staff located in all geographical areas, and November is often an especially busy month for us. To ensure we can do our best to support clubs effectively, any requests ideally need to be made as early as possible.

Here is a link to last years Diabetes Action month resources. As work progresses for 2026, Diabetes Action Month 2026 resources will have its own landing page.

[Diabetes Action Month 2025 Resources | Diabetes New Zealand](#)

Our website of course is always a primary source of information, and our resources can be viewed and ordered here [Diabetes New Zealand](#). 0800DIABETES is the contact phone number for general information.

Currently I am on holiday in Canada so will give you more Lap the Map news next month (September issue).

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