



**LIONS CLUB OF ROLLESTON & DISTRICTS**  
**JUNE 2024**

**ROLLESTON LIONS CLUB BOARD 2023 - 2024**

<b>Club President:</b>	..	..	..	Shirley McNicholl
<b>Immediate Past President:</b>	..			John Knowles
<b>Secretary:</b>	..	..	..	Jackie Codyre
<b>Treasurer:</b>	..	..	..	Chris Logan
<b>1st Vice President:</b>	..	..	..	Dave Auton
<b>2nd Vice President:</b>			..	Mike Cousins
<b>3rd Vice President:</b>			..	John Jones
<b>Directors:</b>	..	..	..	Brian Whittington, Tony Condon, Mike Judd Robin Jones, Leo Slattery, Bob Jones
<b>Lion Tamer:</b>	..	..	..	John Neville
<b>Tail Twister:</b>	..	..	..	Alister Legat
<b>Finance:</b>	..	..	..	Chris Logan
<b>Membership Director:</b>	..	..	..	Mike Cousins
<b>Administrator:</b>	..	..	..	Tony Condon
<b>Bulletin:</b>	..	..	..	Marg Gerken
<b>LCIF/Legal Advisor:</b>	..	..	..	Richard Norris
<b>Marketing &amp; Comms:</b>	..	..	..	Heather Power
<b>Privacy/Security</b>	..	..	..	Chris Logan
<b>Rock Liaison:</b>	..	..	..	Martin Dyer
<b>Almoner:</b>	..	..	..	Alastair Judd
<b>Historian:</b>	..	..	..	Brian Whittington
<b>Guest Speakers:</b>	..	..	..	Leo Slattery
<b>Collections:</b>	..	..	..	Shirley McNicholl
<b>Lion Mints:</b>	..	..	..	Ron McNicholl
<b>Toot for Tucker Liaison</b>	..	..	..	Robin Jones
<b>Trustees:</b>	..	..	..	Chairman Chris Logan, Brian Whittington, Leo Slattery, Shirley McNicholl & John Knowles

**1st Vice President:** Dave Auton: Social, Club supplies Equipment, Badges etc Convention, Constitution, LCI

**2nd Vice President:** Mike Cousins: Youth, Sight, Diabetes, Hearing Health and Speech. Education, Environmental and Public services

**3rd Vice President:** John Johns: Projects





**ROLLESTON LIONS CLUB  
TEA MEETING**

**THE ROCK  
ROLLESTON**

**05 JUNE 2024**

**MEET & GREET - 6.00 pm  
MEAL - 6.30 pm**

**DUTIES FOR TEA MEETING**

<b>GREETER .. ..</b>	<b>BOB PEIRSON</b>
<b>GRACE/INVOCATION ..</b>	<b>RON MCNICHOLL</b>
<b>RAFFLE .. ..</b>	<b>CHRIS LOGAN</b>
<b>CASHIER .. ..</b>	<b>MARTIN DYER</b>
<b>TABLE WAITERS .. ..</b>	<b>BOB JONES, ALISTER LEGAT, RICHARD NORRIS</b>
<b>SPEAKER .. ..</b>	<b>To be advised</b>
<b>INTRODUCE SPEAKER ..</b>	<b>LEO SLATTERY</b>
<b>THANK SPEAKER ..</b>	<b>ROBIN JONES</b>

.....



**Board  
Meeting**

**19 JUNE 2024  
AT THE MENZ SHED**



**OUR CHANGEOVER NIGHT  
ROLLESTON & DISTRICTS  
LIONS CLUB**



**Weedons Country Club,  
Weedons Ross Road  
ROLLESTON  
Friday 21 June 2024  
\$30 pp**

**Fellowship 6.00pm - Seated by 6.45pm**  
**Members, Partners, Friends & Visitors welcome**

**RSVP: To Shirley by 021 0247 3377 or [shirleyf.mcnicholl@gmail.com](mailto:shirleyf.mcnicholl@gmail.com) by the  
Friday 14 June**

Make payment to Rolleston Lions 02 12660007669 00  
Catering by Who's the Caterer Nelson Ching

**PRESIDENT SHIRLEY**

Change over coming around fast. Hope everyone received an invitation. Copies available at the next Tea meeting on the 5th June. I need names.

Presidents can have some good jobs to do. I had some correspondence from Volunteering Canterbury asking if anyone I knew would qualify for the 2024 Volunteer Recognition Award. Well, did I just. His name went in and guess what! And guess who. We're off to the Award Night, 17th June.

Will endeavor to get a photo for District and Margs bulletin

Regards  
Shirley

**1ST VP DAVE AUTON**

NO REPORT

**2ND VP MIKE**

**INCOMING MEMBERS WORKSHOP** : This was a great event with many clubs from our district attending.

President elect Dave Auton and myself represented Rolleston and Districts at the event.

Lion Dave attended the President's session and has said that he found it useful as He has got some new ideas from it, we will have to wait for changeover to see what they are.

I attended the membership / Marcom session and was interested to hear what the members thought.

**Some points were:**

Although we put lots of pictures up on social media, we don't mention that we need new members to help. The public perception is "Oh! Rolleston are doing great work in the community so they are

obviously a strong club" but the fact that we need new younger members to carry on does not enter their thoughts.

We need more advertising (Both electronic and Physical) saying "We want YOU" I remember seeing this on a wall in Halswell This is what we should be doing.

We were all asked to brainstorm a project or initiative that we would like our club to become involved in and in my group I put up the Club Bingo that I have already shared with you all. It won 2nd overall and many clubs thought it was a great idea and are going to try it out.

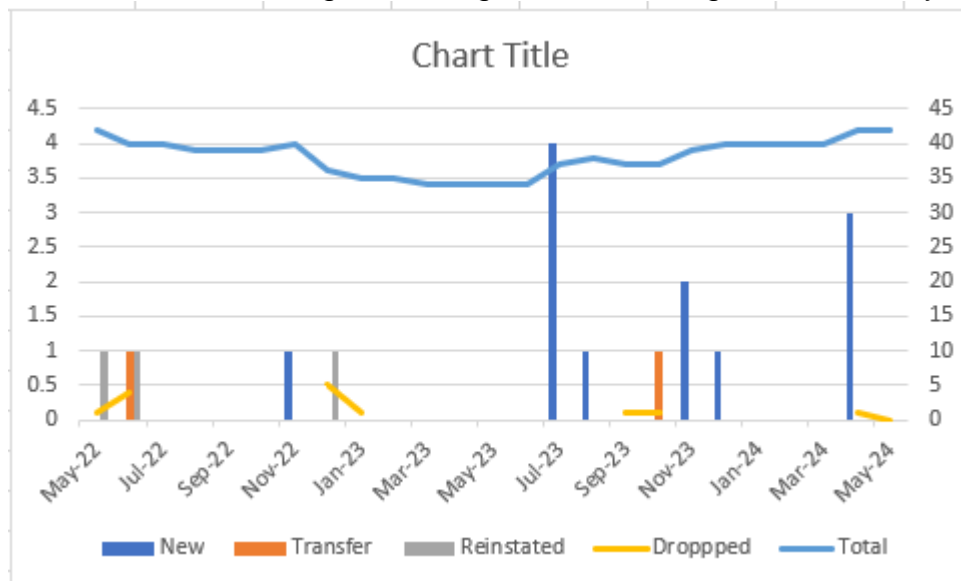
First place went to "Electronic advertising" like the boards you see at the airport. Putting one of these up at a project advertising what we do and asking for new members. Expensive option --+ \$2500.00 for a small one although I have made contact with a firm and am currently investigating this.

We have brought back information on the "Incorporated society act"

We all enjoyed a light lunch and were on our way home at about 2:30

## **Membership**

The club continues to grow seeing members being inducted every couple of months.



The new Lions portal is available and continues to offer challenges.

Incoming officers was again a great experience and Lion President elect Dave and I learnt a lot.

## **2nd VP**

### **Youth & Welfare**

As my year is ending, I would like to take this opportunity to thank all the members for their support.

Although I did not have much input in this portfolio, I believe that our club has performed well in this area.

President elect Dave and I had a meeting with 2d V.P. Elect Lion Tony last night around his responsibilities in this portfolio. He has agreed that with help from the club this area of activities will be in good stead for the coming year.

## **General**

Although we only met once during the year, I would like to thank the members of my committee for their support and encouragement and wish them well for the coming year.

## **Lion Mike Cousins**

**2nd V.P and Membership Chair.**

## **3rd VP JOHN**

NO REPORT

Regards

John

## **ALMONER**

**Please get in touch with ALASTAIR JUDD**

**Please everyone let me know asap if a member is sick, hospitalised, family deaths etc as I live out of the area.**

**Phone 03 339 8106 or 021 124 8226**

### **My wife doesn't work...**

Conversation between a husband (M) and a psychologist (P):

P: What do you do for a living, Mr. Rogers?

M: I am an accountant in a bank...

P: And your wife?

M: She doesn't work. She's a stay-at-home mom.

P: Who prepares breakfast for your family?

M: My wife, since she doesn't work.

P: What time does your wife wake up in the morning?

M: She wakes up very early since things have to be organized. She prepares lunches for the children, she makes sure they are well dressed and combed, that they have eaten, brushed their teeth and collected all their school belongings. She wakes up with the baby, changes his diaper and breastfeeds him.

P: How do your children get to school?

M: My wife drives them to school, since she doesn't work.

P: After driving the children to school, what does she do?

M: She goes to the supermarket to buy groceries or she does shopping for the house. Sometimes she forgets something and has to do the whole trip again with the crying baby. Once she returns home, she has to feed and breastfeed the baby, change his diaper and prepare him for a nap, clean the house and do the laundry. You know, since she doesn't work.

P: In the evening, when you come back from the office, what do you do?

M: I'm resting, of course. I'm exhausted from my long day of work at the bank.

P: What does your wife do in the evening?

M: She cooks dinner, serves us food, washes the dishes, cleans the house and walks the dog. After helping the children with their homework, she gets them ready for bed and checks that they have brushed their teeth. Then she changes the baby's diaper and breastfeeds him again. When she is in bed, she wakes up regularly to breastfeed and change diapers as needed, since she does not have to get up to go to work.

This is the daily routine of many women around the world. It starts at dawn and continues until the wee hours of the morning... and it's called "don't work"?!

Being a stay-at-home mom may not require a degree, but it is an essential family role!

Appreciate your wife, your mother, your grandmother, your aunt, your sister or your daughter... because their sacrifices are priceless.

### **Someone asked me...**

"Are you a working woman, or are you just a stay-at-home mom?" »

I answered :

I am a woman who works at home, 24 hours a day...

I am a mother,

I'm a woman,

I am a girl,  
I am an alarm clock,  
I am the cook,  
I am the housekeeper,  
I am the mistress of the house,  
I'm the waitress,  
I am the nurse,  
I am a nurse,  
I am a manual worker,  
I am a security guard,  
I am the advisor,  
I am the comforter,  
I don't have any time off,  
I work day and night,  
I am still on duty,  
I don't get paid and...

Even then, I often hear the phrase:

**“But what do you do all day?” »**

In tribute to all women who dedicate their lives to the well-being of their families.

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## **AVIVA - Our Vision**

A society free from the harms of family and sexual violence.

### **Our Mission**

To support whānau and communities to live free from violence.

### **Our Values**

Together, we strive to create safe homes for all individuals, whānau and communities, through the principles of aroha, pono and tika.

## **Relationships**

We accept all people and their whakapapa as they are; and where they are on their journey

We honour the principles within Te Tiriti o Waitangi

### **Integrity**

We work to best practice, offering an ethical, transparent and client centred approach.

### **Social Justice**

We engage in opportunities for courageous conversations through challenging times.

We take a stand against social injustice

### **Our Purpose**

Aviva passionately believes that the people of Aotearoa New Zealand can live free from violence and that we can achieve this together. We can all play a part. We are all part of the solution.

So where do we start? What would a violence free Aotearoa look like, and how could we use our collective power to create a fairer, safer, more loving society for our tamariki and whānau?

Listen with an open mind, act with an open heart.

Violence hurts people in many visible and invisible ways across ages, genders, abilities, cultures, faiths and ethnicities.



Our personal assumptions and beliefs about family and sexual violence help to create a false sense of security for most of us. In reality, violence is commonly close to home, close to our friendship groups, close to our work.

Violence is intergenerational. The impact of historical violence and child abuse on people's use of violence as adults must be compassionately recognised on a journey towards personal growth, safety and responsibility

The sooner we connect, the sooner it stops. It doesn't have to get worse. Aviva provides services for all members of the family, at every stage of their journey towards safety and wellbeing.

### **Believe in human potential**

Our language is part of the solution. We don't use words like 'victim' and 'perpetrator' - we see people's potential to live free from violence. Words that shame and stigmatise stop people from reaching out for help. Words of hope and human potential enable connection, trust and respect. We believe in everyone's potential to make a difference and contribute towards a violence-free Aotearoa.

### **Campaign for social justice**

The journey towards a New Zealand, Aotearoa free from violence is a journey towards equality. This means achieving gender equality and overcoming the enduring social, cultural and economic effects of colonisation still experienced by Maori today.

Accessing services should be as easy as possible, not a test of motivation and endurance. This is why Aviva is based at The Loft. Through The Loft's one very welcoming front door you can receive support from a broad range of social and community services without having to re-tell your story.

New Zealand invests in its future when it invests in effective services.

### **Tell a new story**

New Zealand has the highest reported rate of intimate partner violence in the OECD. 24% of women and 6% of men will experience a sexual assault in their lifetime. Media stories of family and sexual violence, including deaths, are commonplace. So why do most of us continue to behave as if it's not our problem, as if these statistics are OK? We can all become part of the solution when we recognise that our collective tolerance is part of the problem.

We need to stop making gendered assumptions about people; women and girls are not intrinsically vulnerable to violence, men and boys are not intrinsically violent or aggressive. Harmful assumptions founded on social stereotypes maintain gender inequalities and inter-generational violence.

## **Baking soda is a gardener's best friend: here are 10 clever uses in the garden.**

1. **Natural Fungicide:** Mix baking soda with water and liquid soap to spray on plants and combat fungal diseases like powdery mildew.
2. **Weed Killer:** Directly apply baking soda on garden weeds to kill them without harming surrounding plants.
3. **Pest Deterrent:** A mixture of baking soda and flour can deter pests like cabbage worms and aphids when dusted on plants.
4. **Soil Amendment:** Baking soda can be used to neutralize overly acidic soil, improving the environment for plant growth.
5. **Tomato Sweetener:** Sprinkle baking soda around tomato plants to decrease soil acidity, resulting in sweeter tomatoes.

6. Compost Enhancer: Speed up the composting process by making the environment more alkaline with baking soda.
7. Odor Absorber: Neutralize odors in areas like compost bins by sprinkling baking soda.
8. Tool Cleaner: Clean gardening tools by scrubbing them with a baking soda paste to remove dirt and rust.
9. Seed Germination: Enhance seed germination by soaking seeds in a baking soda solution before planting.
10. Ant Repellent: Deter ants by creating barriers with baking soda around plants or ant trails.



**President's Message  
Changing the World with  
International President  
Dr. Patti Hill**

Dear Lion,

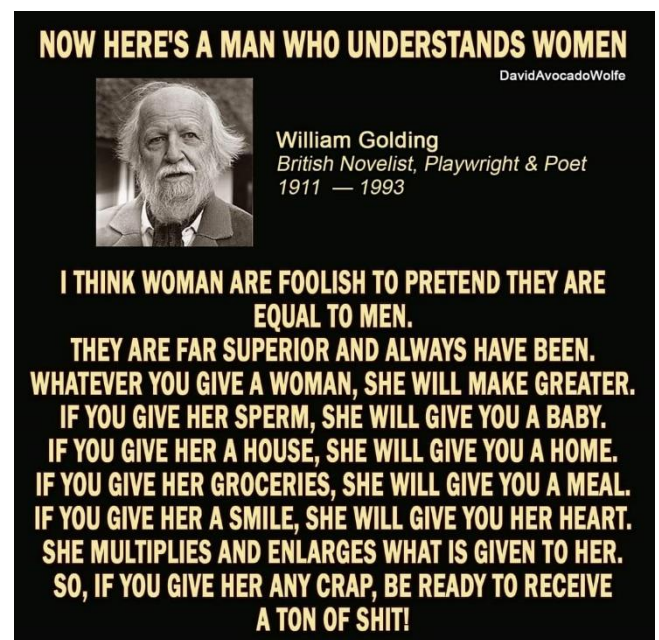
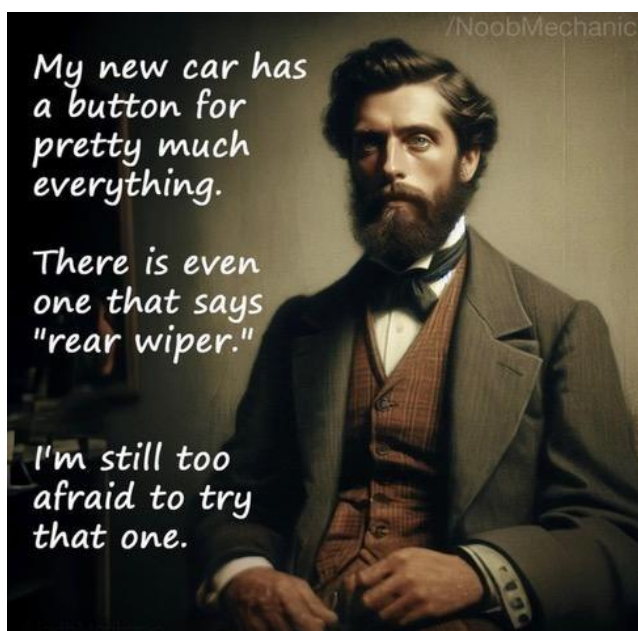
We're almost at the end of the Lion year, and I've been so fortunate to meet many of you during my travels. I experienced first-hand one of our association's greatest strengths—the diversity of our membership and service.

For more than 100 years, Lions have opened their arms to the world and embraced new people, projects and ideas. We provide eyeglasses to those with low vision, welcome displaced people to our communities, care for the elderly and so much more.

As Lions, we don't just accept the status quo—we innovate to meet the ever-changing needs of our communities. Let's continue to find new ways of supporting all people who need us and inviting all people who want to join us in service.

Yours in service,

**Dr. Patti Hill**  
**International President**





**HAPPY BIRTHDAY TO YOU**  
**HAPPY BIRTHDAY TO YOU**

**JUNE 2024**

**JIMMI ANDERSON - 6<sup>TH</sup>    JOHN JONES - 10<sup>TH</sup>    BRUCE THOMSON - 10<sup>TH</sup>**

**GEMINI ZODIAC SIGN – Date range: May 21 - June 20**

**Gemini are amazing!** Their name says it all:

**G** for generous  
**E** for emotionally in tune  
**M** for motivated  
**I** for imaginative  
**N** for nice  
**I** for intelligent

**Element:** Air

**Colour:** Light-Green, Yellow

**Day:** Wednesday

**Ruler:** Mercury

**Lucky Numbers:** 2, 3, 15, 20

**Flowers:** White Rose, Orchid

**Lucky Gem:** Pearl & Ruby

**Gemini likes:** Music, books, magazines, chats with nearly anyone, short trips around the town

**Gemini dislikes:** Being alone, being confined, repetition and routine

Expressive and quick-witted, Gemini represents two different personalities in one and you will never be sure which one you will face. They are sociable, communicative and ready for fun, with a tendency to suddenly get serious, thoughtful and restless. They are fascinated with the world itself, extremely curious, with a constant feeling that there is not enough time to experience everything they want to see.

### **CODE OF ETHICS**

**TO SHOW** my faith in the worthiness of my vocation by industrious application to the end that I may merit a reputation for quality of service.

**TO SEEK** success and to demand all fair remuneration or profit as my just due, but to accept no profit or success at the price of my own self-respect lost because of unfair advantage taken or because of questionable acts on my part.

**TO REMEMBER** that in building up my business it is not necessary to tear down another's. To be loyal to my clients or customers and true to myself.

**WHENEVER** a doubt arises as to the right ethics of my position or action towards others, to resolve such doubt against myself.

**TO HOLD** friendship as an end and not a means. To hold that true friendship exists not on account of the service performed by one to another, but that true friendship demands nothing but accepts service in the spirit it is given.

**ALWAYS** bear in mind my obligations as a citizen to my nation, my state, and my community and to give them my unswerving loyalty in word, act and deed. To give them freely of my time, labour and means.

**TO AID** others by giving my sympathy to those in distress, my aid to the weak, and my substance to the needy.

**TO BE CAREFUL** with my criticism and liberal with my praise, to build up and not destroy

## ROCK RAFFLES - JUNE 2024

JUNE	07 <sup>TH</sup>	JACKIE CODYRE	MARTIN DYER
	14 <sup>TH</sup>	GRAHAM PYE	CHRIS LOGAN
	21 <sup>ST</sup>	MARG GERKEN	BOB PEIRSON
	28 <sup>TH</sup>	DAVE AUTON	BRUCE McDOWELL

**REMEMBER TO CONTACT THE OTHER PERSON YOU ARE ROSTERED ON WITH & BE PREPARED TO START AT 5.30PM AT THE ROCK IN ROLLESTON IF UNABLE TO DO DUTY PLEASE ARRANGE A REPLACEMENT. LEAVE A \$50 FLOAT.**



Hello Lions, Leos and fellow humanitarians,  
I am thrilled to announce that LCIF is well on its way to achieving this year's stretch fundraising goal because of the awesome generosity of those of you who have donated this fiscal year. Although we've made excellent progress, we need your help to push us through to the finish line by making your personal and club donations, hosting a fundraiser and encouraging others to give to LCIF. Less than one month remains before I have the sincere pleasure of announcing our total funds raised during the Second Plenary Session at the annual convention in Melbourne. I am truly looking forward to celebrating our successes together and sharing the worldwide impact of our collective service made possible through our foundation.

[Every donation](#) brings us closer to achieving our goals, while continuing to enable us to change lives of people who need our help by providing for immediate needs after a natural disaster, feeding children facing food insecurity, helping hospitals improve facilities to treat vision impairment or serving in so many other ways. We are truly making a difference in the world together with our global foundation. My sincere thanks to everyone who supports LCIF financially and as an ambassador for the work we do together.

Make a great day,

**Brian E. Sheehan**

**Chairperson, Lions Clubs International Foundation**



**DOWNLOAD THIS APP TO YOUR PHONE FROM PLAYSTORE** - It may save someones life one day

**This app helps you to quickly locate the nearest AED (Automatic External Defibrillator) to your current location, in New Zealand. You are able to browse the AED location on the map, search for AED locations by name or address and get location details, contact information and open hours.**

## SPRINGSTON RUGBY DAY OUR CLUB RECENTLY ATTENDED



### Malvern Lions 2024 Change Over Dinner

- Wednesday 26<sup>th</sup> June 6:15-6:30 for 7:15 pm
- Darfield High School Hall, McLaughlins Rd, Darfield
- Dinner, dessert and refreshments - \$40 each – Partner's welcome
- RSVP by Sunday 16<sup>th</sup> June to [secretarymalvernlions@gmail.com](mailto:secretarymalvernlions@gmail.com)



### From Surviving to Thriving

He rau ringa e oti ai

Many hands make light work.  
(Let's work together  
for the benefit of everyone)



**MISSION 10K** **NZ**

Service is our impact **People make it happen**



#### Our Vision /Our Future

To be a thriving, dynamic volunteer organisation that is responsive and relevant to our communities, so that Lions is the first choice for those who want to help meet the needs of our changing world.



#### Our Mission / Our Purpose

- Our world is changing. The kindness and support of volunteers is needed now, more than ever.
- Lions help build and develop the communities in which we live. We need more hands to serve more people, so that we have a greater impact on our world.
- This aligns with the mission and purpose of Lions Clubs International to be a leading force for good in the world.



#### Our Values

- Honesty and Integrity
- Serving a world in need
- Servant Leadership
- Collaboration
- Sustainability

These core values, alongside the "Lions Code of Ethics", guide our behaviour.



## BULLETIN MARG'S DRIBBLE

### Hi Everyone

Hope you have been keeping warm & enjoying the odd sunny day we've had.  
I'm looking forward to our next tea meeting to get out and about after being confined to home while I'm healing after my surgery. Thank you to all of you that gave me meals they were very much appreciated.  
See you all on Wednesday

Marg 😊

## DATES OF IMPORTANCE - PUT IT ON THE CALENDAR

01 June - 1<sup>st</sup> day of Winter  
03 June - Kings Birthday Weekend  
05 June - OUR TEA MEETING  
19 June - OUR BOARD MEETING  
21 June - Shortest Day  
21 June - Changeover  
28 June - Matariki Weekend

03 July - OUR TEA MEETING  
05 July - School Holidays start  
17 July - OUR BOARD MEETING  
22 July - School restarts

March 26, 27 & 28 March 2025 - South Island Field Days

## 2024/2025 LIONS CLUB OF ROLLESTON AND DISTRICTS INC OFFICERS

Club President:	Dave Auton
Immediate Past President:	Shirley McNicholl
Secretary:	Brian Fennessy
Treasurer:	Chris Logan
1 <sup>st</sup> Vice President:	Mike Cousins
2 <sup>nd</sup> Vice President:	Tony Condon
3 <sup>rd</sup> Vice President:	John Jones
Directors:	Brian Whittington, John Neville, Jimmi Anderson, Mike Judd
Lion Tamer:	Mike Judd
Tail Twister:	Alister Legat
Trustees:	
Finance:	Chris Logan
Membership Director:	
Administrator	Tony Condon
Bulletin:	Marg Gerken
LCIF/Legal Advisor:	Richard Norris
Privacy/Security/Marketing:	Chris Logan
Marketing/Communications:	
Rock Liaison:	
Almoner:	Robin Jones
Historian:	