



LIONS CLUB OF ROLLESTON & DISTRICTS
MAY 2024

ROLLESTON LIONS CLUB BOARD 2023 - 2024

Club President:	Shirley McNicholl
Immediate Past President:	John Knowles
Secretary:	Jackie Codyre
Treasurer:	Chris Logan
1st Vice President:..	Dave Auton
2nd Vice President:	Mike Cousins
3rd Vice President:	John Jones
Directors:	Brian Whittington, Tony Condon, Mike Judd Robin Jones, Leo Slattery, Bob Jones
Lion Tamer:	John Neville
Tail Twister:	Alister Legat
Finance:	Chris Logan
Membership Director:	Mike Cousins
Administrator:	Tony Condon
Bulletin:	Marg Gerken
LCIF/Legal Advisor:	Richard Norris
Marketing & Comms:	Heather Power
Privacy/Security	Chris Logan
Rock Liaison:	Martin Dyer
Almoner:	Alastair Judd
Historian:	Brian Whittington
Guest Speakers:	Leo Slattery
Collections:	Shirley McNicholl
Lion Mints:	Ron McNicholl
Toot for Tucker Liaison	Robin Jones
Trustees:	Chairman Chris Logan, Brian Whittington, Leo Slattery, Shirley McNicholl & John Knowles

1st Vice President: Dave Auton: Social, Club supplies Equipment, Badges etc Convention, Constitution, LCI

2nd Vice President: Mike Cousins: Youth, Sight, Diabetes, Hearing Health and Speech. Education, Environmental and Public services

3rd Vice President: John Johns: Projects





**ROLLESTON LIONS CLUB
TEA MEETING**

**THE ROCK
ROLLESTON**

1 MAY 2024

**MEET & GREET - 6.00 pm
MEAL - 6.30 pm**

DUTIES FOR TEA MEETING

- GREETER BRIAN WHITTINGTON**
- GRACE/INVOCATION .. MIKE COUSINS**
- RAFFLE CHRIS LOGAN**
- CASHIER MARTIN DYER**
- TABLE WAITERS REX GREENWOOD, PAUL COCKBURN, JOHN KNOWLES,**
- SPEAKER To be advised**
- INTRODUCE SPEAKER .. VAL KNOWLES**
- THANK SPEAKER .. BOB JONES**



**Board
Meeting**

**15 MAY 2024
AT THE MENZ SHED**

OUR CHANGEOVER NIGHT

Weedons Country Club

21 June 2024

\$30 pp

More information to come but mark this date on your calendars

PRESIDENT SHIRLEY



As we come to nearly the end of April. I can't believe how slow the days are going. The invitation to changeover is done, but I need to catch up with the caterer and venue manager soon. The Selwyn lions event was very enjoyable with plenty of support, food, entertainment, stalls and raffles. Rolleston Club will be involved in the upcoming training on 27th April. Thank you to Lion John Knowles for organising the wreath for Anzac day, for me to present, hoping for a fine day.

**Regards
Shirley**

1ST VP DAVE AUTON

As incoming Lions President it is my responsibility to make up the board for my tenure. I am finished with the outline of my team and will be letting the club know at the next Tea meeting. Also we have a training day at Ferrymead coming up I will be needing names of those who wish to attend, very valuable for those members who have stepped up into new roles. I can provide transport at \$5 per head, meet at my place at a time TBA. A big thankyou to the newer members who have already put some effort into the firewood we have been given to sell, an ongoing project. We may have to upgrade some equipment for at a later date. Also a Rugby club day sausage sizzle for 6 hours coming soon, a relaxed earner for us. Changeover is rolling up soon with all the fun and frivolity due to the occasion I would like to take this opportunity to thank all the members for all their efforts in this trying year as funds are getting harder to achieve. I have big plans for the new year as we continue to increase our numbers and new spirit in the Club.

An elderly man owned a large farm for several years and he had a large pond on the far end of his property. It was properly shaped for swimming, so he fixed it up nice with picnic tables, horseshoe courts, and some apple and peach trees.

One evening the old farmer decided to go down to the pond since he hadn't been there for a while. He grabbed a big white bucket to bring back some fruit before starting the long walk to the remote area.

As he neared the pond, he heard voices shouting and laughing with glee.

As he came closer, he saw it was several young women skinny-dipping in his pond.

He made the women aware of his presence, and they all went to the deep end.

One of the women shouted to him, "We're not coming out until you leave!"

The old man frowned. "I didn't come down here to watch you ladies swim naked or make you get out of the pond naked."

Holding the bucket up, he said, "I'm here to feed the crocodile."

Some old men can still think fast.

2ND VP MIKE

Membership report for April

I am pleased to report that we welcomed three new members to the club. As the new Lions Portal is in it's fledgling days it is almost impossible to extract our information or maybe I have become too old to learn new tricks.

We said goodbye to Lion Robyn who has resigned in good standing, who knows we may see her back one day. We wish her well and hope that she will fulfil all her dreams

I have been disconnected from the Club this past month with the long awaited visit from my Grandson and his family, The last time I saw my Grandson was 6 years ago, How time has flown as he is now nine and in Year 4 at school

Youth & Welfare

Nothing to report

Lion Mike Cousins

2 nd V.P and Membership Chair.

3rd VP JOHN

We have agreed to support Springston Rugby Club's Opening Day with a food trailer, on 24th May. We will be at the event from 9.00am until about 4.00pm. Names of volunteers will be sought at the next tea meeting, and by email, should that be necessary.

Progress continues with planning for a Rolleston Santa Parade.

The bid for funding for a food trailer has been held up somewhat, due to technicalities. Any progress will be advised in due course.

Regards

John

ALMONER ALASTAIR JUDD

ALMONER

Please get in touch with ALASTAIR JUDD

Please everyone let me know asap if a member is sick, hospitalised, family deaths etc as I live out of the area.

Phone 03 339 8106 or 021 124 8226

Letter sent by a school principal before exams

Dear Parents

The exams of your children are to start soon. I know you are all really anxious for your child to do well.

But, please do remember, amongst the students who will be sitting for the exams there is an artist, who doesn't need to understand Math... There is an entrepreneur, who doesn't care about History or English literature... There is a musician, whose Chemistry marks won't matter... There's an athlete... whose physical fitness is more important than Physics... If your child does get top marks, that's great! But if he or she doesn't... please don't take away their self-confidence and dignity from them. Tell them it's OK, it's just an exam! They are cut out for much bigger things in life. Tell them, no matter what they score... you love them and will not judge them.

Little boy sitting on his step eating candy just as fast as he could unwrap it. A man passing by saw what he was doing. He said all that candy is not good for you and will spoil your dinner. The little boy said I don't know about that but my grandpa lived to be a 102. The man said wow you mean by eating candy. The little boy said no, by minding his own business.



President's Message

Changing the World with International President Dr. Patti Hill

Dear Lion,

When you became a Lion, you also became a leader. Lions and Leos lead their communities in service and bring people together to achieve greater outcomes than we can alone.

Every time you invite a new member, or we charter a new club, more people are helped, and more communities are served. We are making a tremendous impact all over the world thanks to your leadership.

So, let's continue to grow our impact and share your amazing projects on social media to encourage others to join you. Take an online course to enhance your skills and encourage others to do so, as well. Let's continue to be the leaders that our communities and world need us to be.

Yours in service,

Dr. Patti Hill
International President

Lions Christchurch Schools Music Festival

As advised in our last District bulletin, and at Convention, the Schools Music Festival Assn has issued Lions with a letter of continuance, meaning that once again, the 2024 Music Festival will be the **LIONS Christchurch Schools Music Festival** - provided of course that we can come up with the \$10,000 we have offered for the naming rights sponsorship. Where will this \$10,000 come from? Hopefully from you - the Clubs in the areas where participating schools come from - the Greymouth area, and from Cheviot down to the greater Christchurch area but also from Clubs that are outside that area. As we approach the end of this Lions year, many Clubs are deciding what to do with the funds accumulated in their Trust account - hopefully the Clubs in the area outlined will decide that the musical experience of about 4000 young primary aged students, some from your local schools, is worthy of a donation of \$400 or \$500. This can be paid to our District Treasurer, 202E Charitable Trust a/c 03-0703-0036114-00 clearly labelled Music Festival, and your Club name.

The Lions Music Festival team would also appreciate hearing from you, with the date and amount contributed so please email us, so that we can acknowledge you.

Remember - this is **YOUR** music festival - the Lions name and emblem is on everything that goes out to schools - letters, posters, music books etc.

Lions Schools Music Festival Liaison team

Marion McWha (ian.marion@xtra.co.nz) and **Pam Harvey** (pamharvey@xtra.co.nz)



FIRST CANCER SCREENING VEHICLE

Our LCIF grant has been approved and clubs have dug deep to come up with the funds needed for our first vehicle. Here is the expected timeline for this year: Mid-May 24 Start vehicle build Mid-August Vehicle completed. Late August Vehicle sign written. September VIP Launch in Christchurch November First trial Screenings Summer 24/25 Location Screening in NZ Our Iveco Vehicle will look like this picture but will be a little bit longer. A huge thank you goes out to

the 69 clubs that have raised a little over \$200k so far. There is still plenty of opportunity for more clubs to get involved as we look towards the second bus. Don't miss out on the chance to be involved in this important National Project that will save lives throughout New Zealand. The impact of this showcase project will raise the Lions profile nationally and create connections into communities countrywide. LCIF Grant: Yes we have had the grant approved for our first bus, approximately \$125,000 NZD. This will get our first vehicle on the road. Once that is operating we can apply for help with the second vehicle.

Paul O'Connor spoke recently at the Ellesmere Lions Club & said that the first bus is now getting built in Rolleston and will have its first appointments at the Ashburton & Rangiora Shows. Paul has done a great job with this project, it hasn't been easy but he stuck to his vision. Interestingly there are 167 Lions Clubs in NZ and only 42 Clubs have contributed to the Project.

Are you interested in helping? We are currently looking for people who may be interested in helping run the service. Are you: • A retired doctor or nurse • Simply interested in helping out Please give your name to one of our district trustees. We are looking at approaching the College of GP's, the Nurses Association, and the Melnet Doctors organisation to see who wants to be involved.



HAPPY WORLD BEE DAY - 20 MAY 2024

Mary Bumby, the sister of a Methodist missionary, was probably the person who introduced honey bees to New Zealand. She brought two hives ashore when she landed at Mangungu Mission Station in Hokianga in March 1839.

While New Zealand had two native species of bees, neither was suitable for producing honey. The Reverend Richard Taylor, Eliza Hobson, James Busby and William Cotton were all early hive owners. In 1848 Cotton wrote a manual for New Zealand beekeepers, describing the basics of bee husbandry and honey production.

The New Zealand bush proved to be a hospitable environment for bees, and the number of wild colonies multiplied rapidly, especially in the Bay of Islands. Isaac Hopkins, regarded as the father of beekeeping in New Zealand, observed that by the 1860s bee nests in the bush were plentiful, and considerable quantities of honey were being sold by Māori – the country's first commercial beekeepers.

In the late 1870s, the production of honey in New Zealand was stimulated by the introduction of the Langstroth hive, the moveable-frame beehive model still used today.

Fossil evidence is sparse but bees probably appeared on the planet about the same time as flowering plants in the Cretaceous period, 146 to 74 million years ago.



REVIVE-A-BEE-SOLUTION

You can often see bees not moving for a really long time. Wrong misconception may lead to the assumption that they are dead, but they aren't! These bees will have flown miles and miles and have miscalculated their journey back to the hive.

They are exhausted and in need of some sustenance. What can I do? You can mix a special drink for them!

Recipe:

Mix 1 tablespoon of water with 1 tablespoon of sugar until they are dissolved.

Either place into a shallow plate or simply place on a spoon on a garden table or near where you have spotted the bee.

10 FUN FACTS ABOUT BEES:

The reason bees are so noisy is because they beat their wings 11,400 times in one minute!

Only female bees can sting. Male bees don't have stingers.

Honey bees communicate through a series of dance moves.

A hive of bees will fly over 55,000 miles to make 1lb of honey and can create 100lbs of honey in a year.

Bees can sense the hormone a human gives off when they're scared. If they feel their hive is threatened they'll attack.

The Honey Bee is the only insect that makes food man can eat.

Each Honey Bee from the same hive has their own specific colour identification.

The Ancient Egyptian King Pepy II came up with a clever insect repellent. He would cover a slave completely with honey so they would be attracted to the honey and not him.

Eating honey makes you smarter! It has an antioxidant that improves brain functions.

1 bee has 5 eyes!

HAPPY BIRTHDAY TO YOU
HAPPY BIRTHDAY TO YOU

MAY 2024

KIERON DUNCAN - 20TH ROBIN JONES 23RD DAVID BUTTS - 24TH

Kieron you are on the cusp of Taurus & Gemini

GEMINI ZODIAC SIGN – Date range: May 21 - June 20

Gemini are amazing! Their name says it all:

G for generous

E for emotionally in tune

M for motivated

I for imaginative

N for nice

I for intelligent

Element: Air

Colour: Light-Green, Yellow

Day: Wednesday

Ruler: Mercury

Lucky Numbers: 2, 3, 15, 20

Flowers: White Rose, Orchid

Lucky Gem: Pearl & Ruby

Gemini likes: Music, books, magazines, chats with nearly anyone, short trips around the town

Gemini dislikes: Being alone, being confined, repetition and routine

Expressive and quick-witted, Gemini represents two different personalities in one and you will never be sure which one you will face. They are sociable, communicative and ready for fun, with a tendency to suddenly get serious, thoughtful and restless. They are fascinated with the world itself, extremely curious, with a constant feeling that there is not enough time to experience everything they want to see.

CODE OF ETHICS

TO SHOW my faith in the worthiness of my vocation by industrious application to the end that I may merit a reputation for quality of service.

TO SEEK success and to demand all fair remuneration or profit as my just due, but to accept no profit or success at the price of my own self-respect lost because of unfair advantage taken or because of questionable acts on my part.

TO REMEMBER that in building up my business it is not necessary to tear down another's. To be loyal to my clients or customers and true to myself.

WHENEVER a doubt arises as to the right ethics of my position or action towards others, to resolve such doubt against myself.

TO HOLD friendship as an end and not a means. To hold that true friendship exists not on account of the service performed by one to another, but that true friendship demands nothing but accepts service in the spirit it is given.

ALWAYS bear in mind my obligations as a citizen to my nation, my state, and my community and to give them my unswerving loyalty in word, act and deed. To give them freely of my time, labour and means.

TO AID others by giving my sympathy to those in distress, my aid to the weak, and my substance to the needy.

TO BE CAREFUL with my criticism and liberal with my praise, to build up and not destroy



A professor at CCNY for a physiological psych class told his class about bananas. He said the expression 'going bananas' is from the effects of bananas on the brain. Read on: **Never, put your banana in the refrigerator!**

Bananas contain three natural sugars - sucrose, fructose and glucose combined with fibre. A banana gives an instant, sustained and substantial boost of energy.

Research has proven that just two bananas provide enough energy for a strenuous 90-minute workout. No wonder the banana is the number one fruit with the world's leading athletes.

But energy isn't the only way a banana can help us keep fit. It can also help overcome or prevent a substantial number of illnesses and conditions, making it a must to add to our daily diet.

Depression: According to a recent survey undertaken by MIND amongst people suffering from depression, many felt much better after eating a banana. This is because bananas contain tryptophan, a type of protein that the body converts into serotonin, known to make you relax, improve your mood and generally make you feel happier.

PMS: Forget the pills - eat a banana. The vitamin B6 it contains regulates blood glucose levels, which can affect your mood.

Anemia : High in iron, bananas can stimulate the production of hemoglobin in the blood and so helps in cases of anemia.

Blood Pressure: This unique tropical fruit is extremely high in potassium yet low in salt, making it perfect to beat blood pressure. So much so, the US Food and Drug Administration has just allowed the banana industry to make official claims for the fruit's ability to reduce the risk of blood pressure and stroke.

Brain Power: 200 students at a Twickenham (Middlesex) school (England) were helped through their exams this year by eating bananas at breakfast, break, and lunch in a bid to boost their brain power. Research has shown that the potassium-packed fruit can assist learning by making pupils more alert.

Constipation: High in fiber, including bananas in the diet can help restore normal bowel action, helping to overcome the problem without resorting to laxatives.

Hangovers: One of the quickest ways of curing a hangover is to make a banana milkshake, sweetened with honey.. The banana calms the stomach and, with the help of the honey, builds up depleted blood sugar levels, while the milk soothes and re-hydrates your system.

Heartburn: Bananas have a natural antacid effect in the body, so if you suffer from heartburn, try eating a banana for soothing relief.

Morning Sickness:Snacking on bananas between meals helps to keep blood sugar levels up and avoid morning sickness.

Mosquito bites: Before reaching for the insect bite cream, try rubbing the affected area with the inside of a banana skin. Many people find it amazingly successful at reducing swelling and irritation.

Nerves: Bananas are high in B vitamins that help calm the nervous system.

Overweight and at work? Studies at the Institute of Psychology in Austria found pressure at work leads to gorging on comfort food like chocolate and chips. Looking at 5,000 hospital patients, researchers found the most obese were more likely to be in high-pressure jobs. The report concluded that, to avoid panic-induced food cravings, we need to control our blood sugar levels by snacking on high carbohydrate foods every two hours to keep levels steady.

Ulcers: The banana is used as the dietary food against intestinal disorders because of its soft texture and smoothness. It is the only raw fruit that can be eaten without distress in over-chronicler cases.. It also neutralizes over-acidity and reduces irritation by coating the lining of the stomach.

Temperature control: Many other cultures see bananas as a 'cooling' fruit that can lower both the physical and emotional temperature of expectant mothers. In Thailand , for example, pregnant women eat bananas to ensure their baby is born with a cool temperature.

Seasonal Affective Disorder (SAD): Bananas can help SAD sufferers because they contain the natural mood enhancer tryptophan.

Smoking &Tobacco Use: Bananas can also help people trying to give up smoking. The B6, B12 they contain, as well as the potassium and magnesium found in them, help the body recover from the effects of nicotine withdrawal.

Stress: Potassium is a vital mineral, which helps normalize the heartbeat, sends oxygen to the brain and regulates your body's water balance. When we are stressed, our metabolic rate rises, thereby reducing our potassium levels. These can be rebalanced with the help of a high-potassium banana snack.

Strokes: According to research in The New England Journal of Medicine, eating bananas as part of a regular diet can cut the risk of death by strokes by as much as 40%!

Warts: Those keen on natural alternatives swear that if you want to kill off a wart, take a piece of banana skin and place it on the wart, with the yellow side out. Carefully hold the skin in place with a plaster or surgical tape!

So, a banana really is a natural remedy for many ills. When you compare it to an apple, it has four times the protein, twice the carbohydrate, three times the phosphorus, five times the vitamin A and iron, and twice the other vitamins and minerals. It is also rich in potassium and is one of the best value foods around So maybe its about time to change that well-known phrase so that we say, 'A banana a day keeps the doctor away!'

ROCK RAFFLES - MARCH & APRIL

MAY	3RD	ROBIN JONES	BOB JONES
	10TH	TONY CONDON	HEATHER KISSELL
	17TH	JOHN KNOWLES	VAL KNOWLES
	24TH	SEAN LLOYD	JOHN JONES
	31ST	JOHN NEVILLE	NEIL SONNE
JUNE	07TH	JACKIE CODYRE	MARTIN DYER
	14TH	GRAHAM PYE	CHRIS LOGAN
	21ST	MARG GERKEN	BOB PEIRSON
	28TH	DAVE AUTON	BRUCE McDOWELL

REMEMBER TO CONTACT THE OTHER PERSON YOU ARE ROSTERED ON WITH & BE PREPARED TO START AT 5.30PM AT THE ROCK IN ROLLESTON IF UNABLE TO DO DUTY PLEASE ARRANGE A REPLACEMENT. LEAVE A \$50 FLOAT.



XMAS CAKES?

If anyone has forgotten the pay for their Xmas cakes could you please do so now to our treasurer Chris Logan

Thank you
Val.

Most people got married in June because they took their yearly bath in May, and they still smelled pretty good by June. Since they were starting to smell, however, brides carried a bouquet of flowers to hide the body odor. Hence the custom today of carrying a bouquet when getting married.

Baths consisted of a big tub filled with hot water. The man of the house had the privilege of the nice clean water, then all the other sons and men, then the women, and finally the children. Last of all the babies. By then the water was so dirty you could actually lose someone in it ... hence the saying, "Don't throw the baby out with the Bath water!"

Houses had thatched roofs-thick straw-piled high, with no wood underneath. It was the only place for animals to get warm, so all the cats and other small animals (mice, bugs) lived in the roof. When it rained it became slippery and sometimes the animals would slip and fall off the roof, resulting in the idiom, "It's raining cats and dogs."

There was nothing to stop things from falling into the house. This posed a real problem in the bedroom where bugs and other droppings could mess up your nice clean bed, therefore, a bed with big posts and a sheet hung over the top afforded some protection. That's how canopy beds came into existence.

The floor was dirt. Only the wealthy had something other than dirt, leading folks to coin the phrase "dirt poor."

The wealthy had slate floors that would get slippery in the winter when wet, so they spread thresh (straw) on floor to help keep their footing. As the winter wore on, they added more thresh until, when you opened the door, it would all start slipping outside. A piece of wood was placed in the entrance-way, subsequently creating a "thresh hold."

In those old days, they cooked in the kitchen with a big kettle that always hung over the fire.. Every day they lit the fire and added things to the pot. They ate mostly vegetables and did not get much meat. They would eat the stew for dinner, leaving leftovers in the pot to get cold overnight and then start over the next day. Sometimes stew had food in it that had been there for quite a while, and thus the rhyme, "Peas porridge hot, peas porridge cold, peas porridge in the pot nine days old."

Sometimes they could obtain pork, which made them feel quite special. When visitors came over, they would hang up their bacon to show off. It was a sign of wealth that a man could, "bring home the bacon." They would cut off a little to share with guests and would all sit around and "chew the fat."

Those with money had plates made of pewter. Food with high acid content caused some of the lead to leach onto the food, causing lead poisoning death. This happened most often with tomatoes, so for the next 400 years or so, tomatoes were considered poisonous.

Bread was divided according to status. Workers got the burnt bottom of the loaf, the family got the middle, and guests got the top, or the “upper crust.”

Lead cups were used to drink ale or whisky. The combination would sometimes knock the imbibers out for a couple of days. Someone walking along the road would take them for dead and prepare them for burial.. They were laid out on the kitchen table for a couple of days and the family would gather around and eat and drink and wait and see if they would wake up, creating the custom of holding a wake.

They used to use urine to tan animal skins, so families used to all pee in a pot & then once a day it was taken & sold to the tannery. If you had to do this to survive you were “piss poor.” But worse than that were the really poor folk who couldn’t even afford to buy a pot; they “didn’t have a pot to piss in” & were the lowest of the low.

The next time you are washing your hands & complain because the water temperature isn’t just how you like it, think about how things used to be. Here are some facts about the 1500s.

England is old and small and the local folks started running out of places to bury people. So they would dig up coffins and would take the bones to a bone-house, and reuse the grave. When reopening these coffins, 1 out of 25 coffins were found to have scratch marks on the inside and they realized they had been burying people alive, so they would tie a string on the wrist of the corpse, lead it through the coffin and up through the ground and tie it to a bell. Someone would have to sit out in the graveyard all night (the graveyard shift.) to listen for the bell; thus, someone could be, saved by the bell or was considered a dead ringer.



Lions Peace Poster Competition 2024/25

The Peace Poster theme for 2024/25 is:

“Peace without limits”

The poster theme will need to be centred around this subject theme.

Please remember no words on the poster entry.

Good luck! Entries close 31st October.

Please contact your local Lions Club for more information, or visit/contact :

- <https://www.lionsclubs.org.nz/services/youth/international-peace-poster-contest>
- Youth Chairperson: 202e.youth@lionsclubs.org.nz



WELCOME TO OUR NEW MEMBERS



**Above: Lewis Burn sponsored Christine & Murray Bradley into our Club.
Right: President Shirley sponsored Bruce Thomson into our Club**

Lion Mike & International President Patti installed them.



PRESIDENTIAL MEDAL

This is the Presidential Medal which is awarded for service to the organisation - specifically my 7 years as the Multiple District 202 Trainer during which time I have trained 49 District Governors. This is actually my 2nd Presidential Medal and I have also received the Leadership Medal and a number of Presidential Certificates over the years.

Sorry to see you go Robyn Veale but hopefully one day in the future you're come back when the pressure of work isn't so bad. Good luck with your future endeavours & also a catch up with a wine

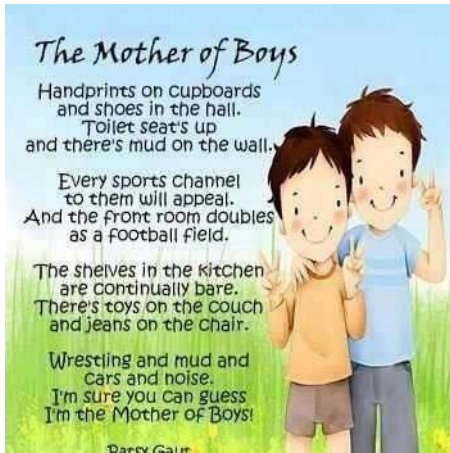


HAPPY MOTHERS DAY - SUNDAY 12 MAY 2024

The person with the most credit of helping create mothers day is Anna M. Jarvis. Anna was a ministers daughter and for 20 years taught Sunday School. She was also quite attached to her mother. When her mother died in 1907, Anna



began a letter-writing campaign to gain the support of influential ministers, businessmen and congressmen in declaring a national Mother's Day holiday. She wanted children to show their appreciation for their mothers while they were still alive and help strengthen family bonds.

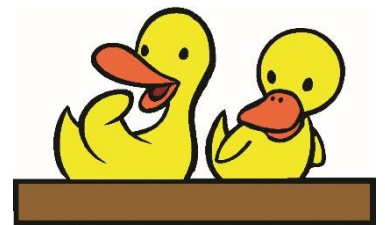


In May, 1913, The House of Representatives unanimously adopted a resolution requesting the President, his Cabinet, members of Congress, and all officials of the federal government to wear a white carnation on Mother's Day. Congress passed another Joint Resolution May 8, 1914, designating the second Sunday in May as Mother's Day.

HAPPY DUCKSHOOTING WEEKEND - 4 MAY 2024



The push-out mobile hide is one solution to the problem posed by the tidal flats of this estuary near Invercargill. Greg Blomfield's family have been hunting there since the 1940s and have 'a trump card' for dealing with low water – a manuka-thatched metal frame with a suspended



plank for the hunter to sit on. Add plastic wheels and some steady pushing from determined hunters and you have achieved step one of the six steps to successful wildfowling: 'Go where the birds are.'

Out for a duck

Duck hunting for many brings to mind family stories of uncles working on their mai mais in the lead-up to opening day, only to get drunk on whisky and fail to fire a shot on opening morning. Mixing alcohol and weapons is frowned upon by modern hunters, who are more safety-conscious than their forebears. Contemporary duck hunters also use non-toxic shot (it used to be lead), as hunter Gary Girvan explains in his book *Duck hunting in New Zealand* (David Bateman, 2007). Most duck hunters only shoot on opening day, but the dedicated hunt throughout the autumn



season. Gary Girvan is one such hunter and his book outlines how to be a successful duck shooter. It builds on a surprisingly sparse New Zealand duck-hunting literature. Most duck-hunting books are how-to guide books with some anecdotes thrown in.

PLEASE BE VERY CAREFUL OUT THERE ENJOY THE HUNT BUT BE RESPONSIBLE WITH FIREARMS & ALCOHOL

BULLETIN MARG'S DRIBBLE

Hi Everyone

We've been getting some brilliant autumn sunny days except of course when it hailed last Friday with different sized hail stones. A bit quirky but our weather systems seem to be like that the past few years.

Happy Mothers Day Mums & Grandmums on the 13th have a great day and enjoy any spoiling you are lucky to get.

See you all on Wednesday

Marg 😊

DATES OF IMPORTANCE - PUT IT ON THE CALENDAR

01 May - OUR TEA MEETING
01 May - May Day
04 May - Duckshooting weekend
12 May - Mothers Day
15 May - Board Meeting
24 May - Springston Rugby Opening day

01 June - 1st day of Winter
03 June - Kings Birthday Weekend
05 June - Our Tea Meeting
19 June - Our Board Meeting
21 June - Shortest Day
21 June - Changeover
28 June - Matariki Weekend

March 26, 27 & 28 March 2025 - South Island Field Days

2024/2025 LIONS CLUB OF ROLLESTON AND DISTRICTS INC OFFICERS

Club President:	Dave Auton
Immediate Past President:	Shirley McNicholl
Secretary:	Brian Fennessy
Treasurer:	Chris Logan
1st Vice President:	Mike Cousins
2nd Vice President:	Tony Condon
3rd Vice President:	John Jones
Directors:	Brian Whittington, John Neville, Jimmi Anderson, Mike Judd
Lion Tamer:	Mike Judd
Tail Twister:	Alister Legat
Trustees:	
Finance:	Chris Logan
Membership Director:	
Administrator	Tony Condon
Bulletin:	Marg Gerken
LCIF/Legal Advisor:	Richard Norris
Privacy/Security/Marketing:	Chris Logan
Marketing/Communications:	
Rock Liaison:	
Almoner:	Robin Jones
Historian:	

Info for Club Leaders Workshop

2024 - 2025

Have you just signed up for a role for the 2024/25 Lions year?

Feel like you need a start-up to get you going, even if you've already been on the journey?



Book yourself in to a Workshop near you and get tuned to run at your best.

Club Leaders' Workshops

Waipara: Friday May 3rd – Waipara Sports Pavilion, (4.00pm – 8.00pm)
238 Glenmark Drive, Waipara 7483

Ferrymead: Saturday May 11th – Ferrymead Lions Den, (10.00am – 2.30pm)
Heritage Park

Blenheim: Saturday May 18th – Wesley Centre, (10.00am – 2.30pm)
3 Henry Street, Blenheim

Motueka: Sunday May 19th – Bridge Club, (10.00am – 2.30pm)
Cnr Tudor & Wilkinson Streets, Motueka

Greymouth: Saturday June 8th – Karoro Bowling Club, (10.00am – 2.30pm)
Cnr Shelley & Nelson Streets, Greymouth

Fuel up with a light meal halfway through each Workshop.

Your "mechanics", along with some of those of you who have been travelling for a while already, will be there to give you the lowdown and help you get running up to speed.

There will be lots of opportunity to talk amongst yourselves about what the trip will involve.



Bring as many of your other club members as possible, so you can all travel on the same journey together.

