



**LIONS CLUB OF ROLLESTON & DISTRICTS
NOVEMBER 2022**

ROLLESTON LIONS CLUB BOARD 2022 - 2023

PRESIDENT:	John Knowles
PAST PRESIDENT:	Bruce Tomlinson
SECRETARY:	Jackie Codyre
TREASURER:	Chris Logan
1ST VICE PRESIDENT:	Shirley McNicholl
2ND VICE PRESIDENT:	Dave Auton
3RD VICE PRESIDENT:	Vacant
DIRECTORS..	Bob Jones, Marg Gerken, Brian Whittington, Robin Jones, Mike Judd, Heather Kissell
TAIL TWISTER:	John Jones
LION TAMER:	John Neville
MEMBERSHIP CHAIRMAN:	Mike Cousins
BULLETIN EDITOR:	Margaret Gerken
LCIF CLUB CO-ORDINATOR	Richard Norris
ROCK LIAISON	Martin Dyer
COLLECTION	Shirley McNicholl
CLUB MARKETING CC	Heather Power
IT SPECIALIST	
LION MINTS	Ron McNicholl
SPEAKERS	Brian Fennessey
ADMINISTRATOR	Shirley McNicholl
PRIVACY/SECURITY	Chris Logan
ALMONER	Alastair Judd
HISTORIAN	Mike Cousins

ROLLESTON LIONS DUTIES & COMMITTEES 2022 - 2023

1st VP SHIRLEY McNICHOLL –COLLECTIONS, ADMINISTRATION, CLUB SUPPLIES, CONVENTION, CONSTITUTION

COMMITTEE - John Jones, Alastair Judd, John Neville, Nola Watson

2nd VP – DAVE AUTON – WELFARE, SOCIAL ACTIVITIES, DISASTER RELIEF, BLIND-LOW VISION, HEALTH & SAFETY, DIABETES

COMMITTEE - Val & John Knowles, Robin Jones & Bob Jones, Heather Kissell, Heather Power, Marg Gerken, Robyn Veale

3rd VP

COMMITTEE - Ron McNicholl, Mike Judd, Brian Whittington, Graham Pye, John Knowles, Martin Dyer, Mike Cousins, John Jones, Brian Fennessey, John Neville, Tony Condon, Heather Kissell

MARKETING & COMMUNICATIONS - Heather Power

ARRANGING GUEST SPEAKERS - Brian Fennessey

FINANCE – John Knowles

MEMBERSHIP – CHAIRMAN Mike Cousins

COMMITTEE Brian Whittington, Heather Power, Richard Norris

TRUSTEES - Chris Logan, Lex Cockburn, Shirley McNicholl, Brian Whittington, Leo Slattery
(when LAL finishes)

The President is ex officio member of all committees. Each committee should have a written report for the Board Meeting each month and this report should be published in the Club Bulletin each month

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BOARD MEETING (CHANGE OF DATE)

MENS SHED

WEDNESDAY 09 NOVEMBER 2022 @ 7.30pm

ROLLESTON LIONS CLUB



TEA MEETING

THE ROCK RESTAURANT & BAR

WEDNESDAY 02 NOVEMBER 2022

MEET & GREET - 6.00 pm
MEAL - 6.30 pm

DUTIES FOR TEA MEETING

GREETER	MARG GERKEN
GRACE/INVOCATION ..	SHIRLEY McNICHOLL
RAFFLE	CHRIS LOGAN
CASHIER	MARTIN DYER
TABLE WAITERS	RICHARD NORRIS, MIKE COUSINS,
SPEAKER	NEW ZEALAND QUIZ NIGHT as per Heather Power
INTRODUCE SPEAKER ..	
THANK SPEAKER	

PRESIDENT JOHN

Another busy month just completed and a busier one ahead on the 1st of November. The membership committee is going to West Melton to try and start a branch club all the best for their effort.

On the 5th or 6th if rained off the fireworks takes place 2 days work is involved and hopefully a good money maker .

Toot for tucker is to be held on the 16th in Lincoln and on the 30th at Rolleston.

The good news is that a new speaker system will be tried out at the next tea meeting it will hopefully help those who have a slight hearing loss such as our editor.

**That's all from me
See you all on the 5th.**

President John

1ST VP SHIRLEY McNICHOLL

After setting up on Sunday afternoon I returned on Monday at 9am to help man the stall at the SWELL event, run by the council.

The Selwyn lion ladies were there as well and we talked to a steady stream of people till after 1pm when things quieted down. This event is for the older generation to show them what is available in Selwyn. The people I talked to were mostly already involved in a range of activities so feel we won't get any new members from this.



On Monday 17th October I joined with Jane and Barbara from Selwyn Lions Club and we set up our stand at the SWELL EXPO held at the Lincoln Event Centre. This was a SDC run expo designed to cater to older people, show casing what is available in the district. A steady stream of people came through from 9 to 2pm.

**Thank you
Shirley McNicholl**

2ND VP DAVE

13 Lions members enjoyed the Rolly Inn Roast last Sunday – Good time was had by all. Christmas function at the Hornby Workings Men's Club on Saturday 26th November 2022. Last social event of the year is the Motukarara Races on Christmas Eve. BYO

**Regards
Dave**

HEATHER POWER

Next meeting will be a quiz night! All participants to donate to the next collection we are doing. Get those thinking caps on and leave Professor Google at home!



The challenge is to beat John Jones

ALMONER

Please get in touch with ALASTAIR JUDD

Please everyone let me know asap if a member is sick, hospitalised, family deaths etc as I live out of the area.

Phone 03 339 8106 or 021 124 8226

VAL KNOWLES

Christmas cakes are now available and there are a very limited number to sell.

Please get your order in ASAP as we only have about 40 left. They are every bit as nice as last year and only cost \$20

Phone 3296353 or leave a message. Or email jandv7327@gmail.com.

Thank you Val.



Support your local Lions Club by purchasing our famous traditional Christmas Fruit Cake.

Back in 1971, the Lions Christmas Cake story began. Lions Christmas cake recipe ensures that cakes are moist, fruity, and do not crumble. Lions Christmas Cakes have a shelf life of no less than two years and, most importantly, taste delicious.

Now, more than 50 years on, little has changed other than the refreshed packaging. The Lions Christmas cakes, proudly baked by Couplands Bakeries of Christchurch, are available only from this website OR Lions Clubs and Lions Clubs' members throughout New Zealand.

- Very fruity and full of flavour. Not crumbly.
- Largish 1 kg cake – 15 x 15 x 5 cms - plenty to share with family & friends.
- 2-year shelf life.
- Great Value! - Premium quality for a competitive price - \$25 per cake.
- Profits used by Lions for a wide range of community projects.

A Christmas Treat for New Zealanders for more than Fifty Years!

Order on behalf of your club and help us to get the word out. Yes! It really is Christmas Cakes time again! Over the years Lions Christmas Cakes have earned \$\$\$\$millions of dollars to be used entirely for Lions Charities – and this continues.

The beneficiaries? Thousands of Lions Clubs' community projects throughout New Zealand. Most New Zealand communities have enjoyed the benefits. All in accordance with the Lions motto – “we serve”. This policy remains a hallmark of the annual Lions Christmas Cakes project

“We have a quality product tested by time. All net earnings go to charity. Each individual Lions Club chooses which charity it will support from the net earnings.”

— Project founder, Mike Brooke of New Plymouth

Old age is golden I've often heard it said,
 but sometimes I wonder as I crawl in my bed.
 With my ears in my drawer, my teeth in a cup
 and my eyes on a shelf until I wake up.
 When sleep dims my eyes I think to myself,
 is there anything else I should put on that shelf?
 The reason I know my youth has been spent,
 is my-get-up-and-go has got-up-and-went!
 But, I really don't mind as I think with a grin,
 of all the fun places my get-up has been !



The truth about women our age



We've seen it all, done it all,
 and been around the block.
 We're living large and so
 in charge. Old ladies?
 What a crock.

We've just begun to have
 our fun and earned each
 little wrinkle. Say it loud!
 We're downright proud, and
 when we laugh, we tinkle.

Real women feel it's no big deal
 to add another candle. We're old!
 We're bold! We're solid gold...
 There's nothing we can't handle!

Serenity Raven-Wolf.com

ROCK RAFFLE ROSTER: (as per the new roster sent recently from Chris)

- November 04 - John Knowles, Val Knowles
- November 11 - Tony Condon, Heather Kissell
- November 18 - Heather Power, Marg Gerken
- November 25 - Sean Lloyd, Martin Dyer

- December 02 - Jackie Codyre, Heather Clouston
- December 09 - Graham Pye, Chris Logan
- December 16 - Marg Gerken, John Jones

Please remember to contact the other person you are rostered with. If unable to do duty please arrange a replacement. Please also leave \$40 in the Raffle container for the following Friday night



GUY FAWKES DAY - 5 NOVEMBER

Guy Fawkes' real name was Guido Fawkes. The son of Edward Fawkes, the proctor and advocate in the constituency court of York, Fawkes was born in the Stonegate district of York and Baptized at St. Michael-le-Belfry in 1570. Fawkes had two younger sisters called Elizabeth and Anne. Fawkes attended St. Peter's School in 1578 where he may have been influenced by the headmaster, John Pullen, a man later named as a suspected Jesuit. John and Christopher Wright also attended St. Peter's. After his father died in 1579, his mother Edith remarried into the Catholic Bainbridge family of Scotton. It is believed it was his stepfather that influenced

him to become a Catholic. By the time Fawkes had reached the age of 21, Fawkes had sold his inheritance and had joined the Catholic forces fighting in the Low Countries. For twelve years Fawkes served in the Militia in the Netherlands. As a trained miner, he was highly skilled with gunpowder and in the practices of tunneling. During his service, Fawkes was actually at the siege of Calais and in 1603, Fawkes sought counsel with King Philip II in Spain on the plight of

English Catholics. It was there, that he met with Christopher Wright, with whom he attempted to obtain Spanish support for an invasion of England.

On April 25th 1604, Fawkes arrived in England with Thomas Wintour and in May 1604 he joined the Gunpowder Plot with Robert Catesby at The Duck and Drake Inn, with the express intention of destroying the Palace of Westminster, the Houses of Parliament and King James I.

There were 13 conspirators in total, their names were: Robert Catesby, Thomas Wintour, Jack Wright, Thomas Percy, Guy Fawkes, Robert Keyes, Robert Wintour, John Grant, Kit Wright, Thomas Bates, Ambrose Rookwood, Francis Tresham and Sir Everard Digby.

On the night of October 26th, an anonymous letter was delivered to a Catholic Peer, Lord Monteagle. This letter warned him to stay away from the opening of Parliament on November 5th.

This letter is believed to have been sent by Francis Tresham, one of the co-conspirators. Lord Monteagle took the letter to Robert Cecil, the Earl of Sainsbury, who was James' first minister.

Sainsbury decided that striking at the last minute would achieve the best results.

Fawkes was subsequently captured at around midnight on Nov 4th and was brought before the Privy Council on November 5th. On November 7th, after several sessions of severe torture and under great duress, Fawkes finally admitted that the conspirators had planned to free Sir Walter Raleigh and other Tower of London Prisoners by blowing up Parliament with a large cache of Gunpowder.

Fawkes only revealed the identity of his co-conspirators under extreme torture on November the 9th, but only after he was told that some had already been arrested by the authorities. He was finally hung, drawn and quartered which was the traditional punishment for traitors on January 31, 1606.

Guy Fawkes was hung until he was half dead and then his genitals were cut off and burned in front of him. Whilst still alive, his heart and bowels would be removed from his body, he would be decapitated and his limbs removed from his body. Finally, his body parts would be publicly displayed and left for the birds to eat them. All but one of his co-conspirators died this way. Francis Tresham died of illness in the Tower in December 1605.

In 1605 on the anniversary of Guy Fawkes and the Gunpowder Plot being foiled, bonfires were lit to burn effigies of Guy Fawkes and fireworks let off in defiant celebration all over London and within a couple of years this was a national celebration. To this day Guy Fawkes is remembered each year on November 5 for his audacious attempt to blow up the Houses of Parliament and nearly successful act of ultimate treason.

FIREWORKS FACTS:

The record for the biggest number of rockets set off in one go was set at the Battle of Flowers Parade in Jersey in August 1997. 39,210 rockets were launched at the push of one button.

Over 90% of fireworks sold in Britain still originate from China.

Coloured Fireworks didn't exist until the 1800's.

The Chinese made the first fireworks in the 800's. They used bamboo shoots and filled them with gunpowder. They used them at New Year hoping the noise would scare away evil spirits.

Government statistics show that the most common firework injuries in 2000 were caused by rockets (135) sparklers (104) bangers (93)

Until 1959 it was illegal not to celebrate the date of Guy Fawkes arrest in England.

What Your Body Does in a Day: (followed on from last bulletin)

1. Red blood cells literally shoot around the body, taking less than 60 seconds to complete a full circuit. This means that each of yours makes 1440 trips around your body every day, delivering oxygen and keeping your body energised. Each cell lives for about 40 days, before being replaced by a younger model.
2. You shed more than 1 million skin cells every single day but they are constantly replenished automatically, to save you from turning transparent. Your skin is actually an organ, in fact it's the largest organ you have, with a surface area of 18 square feet (2 sq metres).
3. Your hair grows about half a millimetre per day, and the average adult with a full scalp has around 100,000 hairs on their head.
4. The brain and mouth work together to allow us to speak an average of around 5000 words a day.

5. Your liver is so busy over the course of a day. It manufactures cholesterol, vitamin D & blood plasma, it identifies the nutrients your body needs, and stores some away for future use. It filters 1.43 litres of blood every minute and produces .94 litres of bile every day to help you break down your food.
6. The glands in your mouth produce 1.5 litres of saliva every day.
7. The average males testicles manufacture 10 million new sperm cells every day. Those that aren't used age and eventually break down inside the body.
8. Each of our kidneys contain 1 million tiny filters that work together to filter an average of 1.3 litres of blood every minute, 1872 litres every day. They also expel an average of 1.4 litres of urine from your body every day too.
9. You grow 8mm every night while sleeping, before shrinking back down again the next day.
10. Your body works over time to digest your food. When you smell food, your moth automatically produces more saliva to prepare the digestive system for work. It takes about 6-8 hours for food to pass through the stomach and 2 days to complete the digestion process. The average person will eat over 50 tonnes of food in a lifetime.
11. Your body cells are regenerating themselves every day. This means you have an entirely new set of taste buds every 10 days, new nails every 6-10 months, new bones every 10 years and a new heart every 20 years.
12. Your throat is linked to your ears by tubes which open when you swallow to balance air pressure.
13. By the age of 20 you will have lost 20% of your sense of smell. By 60 you will have lost 60% of it.
14. The central nervous system sends out messages to more than 640 muscles around the body.
15. There are 43 pairs of nerves branching off the central nervous system, cranial nerves are the 12

LCIF.ORG



From LCIF Chairperson Douglas X. Alexander

Greetings Lions and Leos!

We are each guided by kindness to serve not only those in our own communities, but also people in need around the world. Giving to Lions Clubs International Foundation (LCIF) ensures that your donation makes the most impact, both locally and globally. LCIF is the only Lions foundation to empower the service of Lions worldwide, and 100% of your donation benefits LCIF grants and programs. This issue of your LCIF newsletter shares some of the ways we, through our continued support of our foundation, can take our service to greater heights. Thank you for joining me in service through doing AND giving.



PRESIDENT'S MESSAGE

Together we can with
International President,
Brian Sheehan

Dear Lion,

You're doing amazing things in your community, and that gets people's attention. They see what you're doing, and the impact you're making as a Lion, but there are still some who don't know. That's why it's so important to promote your projects, share your service stories and show your pride.

There are more ways than ever before to get the word out about what your club is doing. Whether you're old school or new school, just getting started or looking to make that signature project even bigger, we have all the tools and resources you need. So get your club marketing tools. Keep serving and keep sharing. And keep being awesome. Because Lions are the best story of all!

Make a great day,

Brian Sheehan
International President

NATIONAL REDHEAD DAY - 5 NOVEMBER

It is the symbol of a fiery personality that is ruled by its passions, a strong-headed person who knows what they want and how to get it. They say the fire inside matches the fire of the hair, and to many red hair is the very definition of what it means to be Irish. Rumours have abounded throughout history to describe and define the redhead, but if you are one, National Love Your Red Hair Day is the time to revel in your utter gingeriness, and truly love your red hair.

History of National Love Your Red Hair Day

Red hair has truly had its share of myths associated with it, but we'll begin with a few of the most common. Red hair, while common to Ireland, is not native to Ireland. You can generally assure that if you've seen an Irish redhead, she's got some Norwegian blood in her. Red hair, you see, was brought to Ireland by the pillaging and rapacious Vikings. As they moved in, they left the fire in their hearts in the blood of their wives and slaves, and soon, in the sons and daughters that came from their union. It seems only apt that the same fire that graced their manes should come out in the children, and the attitude to match.

Red hair has often not been seen in a positive light, there are jokes made about redheads not having a soul, one that comes directly from an old European myth that the red in their hair is from the stolen fires of hell. It has also been associated with true and drastic beauty, Cleopatra herself was said to be a redhead. Unsurprising that she was also a bit of a fierce woman, a manipulator, and ultimately ruled by her passions. What can we say, redheads seem to be of a type.

Love Your Red Hair day encourages you to remember the myths and histories of redheads, but also to revel in the strength and beauty that is often associated with it. Remember, when the world is at your feet, you're a blonde, when it's carrying you on a palanquin, you're obviously a redhead.

MARG – MISSES BEING A REDHEAD NOW SALT & PEPPER LOLs



Lions Clubs New Zealand
Kia Manaaki | We Serve

Lap the Map for Diabetes 2022

Month of November

This World Diabetes Month, November 2022, we are calling all New Zealanders to 'Lap the Map' for diabetes prevention. Can you help us walk a combined distance surpassing the perimeter of the New Zealand coastline (15,000km).

Lions Clubs across the country will be hosting family friendly walks and community events to promote a healthy lifestyle and raise awareness of diabetes in New Zealand.



It doesn't matter how far you walk or run, it's about being involved, getting active and moving together.

All funds raised will go towards diabetes awareness and prevention.

PREGNANCY QUESTIONS AND ANSWERS

Q Should I have a baby after 35?

A No 35 children is enough

Q I'm two months pregnant when will my baby move?

A With any luck right after he finishes college

Q What is the most reliable way to determine a baby's sex?

A Childbirth

Q So I have to have a baby shower?

A Not if you change the baby's diaper very quickly

Q Our baby was born last week when will my wife begin to feel and act normal again?

A When the kids are in college

Q My wife is five months pregnant and so moody that sometimes she's borderline irrational

A So what's your question?

About diabetes

Diabetes is a global epidemic

An estimated 463 million adults across the world are living with diabetes, and its prevalence is increasing rapidly. By 2045, the number is expected to reach 700 million. Diabetes is a global epidemic that touches every corner of the globe.

Lions Clubs International and LCIF are dedicated to empowering Lions and Leos around the world to fight diabetes by serving their communities one by one

463M

Adults living with diabetes in 2019

1 in 2

Cases undiagnosed (232 million)

1 in 5

People above 65 years old have diabetes

4.2M


Deaths from diabetes in 2019

**WIG WEDNESDAY
FUNDRAISER FOR CHILD CANCER**

Great night had by all, lots of laughs and the \$10 from each member will go to the fundraiser. Winner drawn by 1st Vice District Governor John Bilderbeck & wife Yvonne

Top Photo: Left Brian Whittington, President John Knowles, Secretary Jackie Codyre

Bottom Photo: Left front Prospective member Robert Peirson. 2 members unidentified **Along the back** Bob & Robin Jones and then **Marg Gerken THE WINNER!!**

60th Anniversary
Nelson Host Lions

Chartered
21st November
1962

A Special Invitation

Join us in Celebrating 60years of Service to the Nelson Community.

Monday 21st November 2022

Beachside Conference & Events Centre
70 Beach Road, Tahunanui, Nelson.

Fellowship 5.30pm: Dinner 6.30pm.
Cost \$40.00 pp.

RSVP: Name & Number by 1st November 2022
To: secretary.nelsonhost@lionsclubs.org.nz
Online payment to:
NBS 031 3540 2453 1700 /reference your name.

Melodies & Memories
A GALA EVENT IN SUPPORT OF NURSE MAUDE




Dig out your best dress or suit, dust off your dancing shoes, and join us for a fun packed evening of food, drink, and entertainment, while raising funds for this worthwhile cause.

Your ticket price includes a glass of bubbles on arrival, a set two course meal with wine, live music and entertainment.

When: Saturday, November 19 7pm (for 7:30) Where: Christchurch Golf Club
45 Horseshoe Lake Road, Shirley

For tickets please visit
shorturl.at/beJOW
Or scan below:



Nurse Maude

HAPPY BIRTHDAY TO YOU

HAPPY BIRTHDAY TO YOU NOVEMBER

HEATHER KISSELL - 2ND GRAHAM PYE - 10TH

TONY CONDON - 11TH SEAN LLOYD - 12 NOVEMBER

SCORPIO ZODIAC SIGN – Date range 21 October to 20 November

S for seductive
C for cerebral
O for original
R for reactive
P for passionate
I for intuitive
O for outstanding

Element: Water

Colour: Scarlet, Red, Rust

Day: Tuesday

Ruler: Pluto, Mars

Lucky Numbers: 8, 11, 18, 22

Flower:

Lucky Gem:

Strengths: Resourceful, brave, passionate, stubborn, a true friend

Weaknesses: Distrusting, jealous, secretive, violent

Scorpio likes: Truth, facts, being right, longtime friends, teasing, a grand passion

Scorpio dislikes: Dishonesty, revealing secrets, passive people

Scorpio-born are passionate and assertive people. They are determined and decisive, and will research until they find out the truth. Scorpio is a great leader, always aware of the situation and also features prominently in resourcefulness.

Scorpio is a Water sign and lives to experience and express emotions. Although emotions are very important for Scorpio, they manifest them differently than other water signs. In any case, you can be sure that the Scorpio will keep your secrets, whatever they may be.

The 5 Top Reasons to Love Being a Scorpio

Passionate and intense, your sign is sexy with a capital S. You don't even have to try, and know sexy is an attitude you can present just as well in sweats as you can in stilettos. You know what you want and go after it—no questions asked.

You don't get intimidated easily, and stand up for injustice when you see it.

You have a unique sense of humour. You're not afraid to say what other people are thinking, and your sometimes cynical take on the world is creative, smart, and funny as hell. You're passionate. When you decide to put your heart on full display, there's no stopping you—which is why you should do it more often!

HAPPY BIRTHDAY TO YOU

HAPPY BIRTHDAY TO YOU NOVEMBER

ROBYN VEALE - 23rd

SAGITTARIUS ZODIAC SIGN - 21st November to 21 December

S for seductive
A for adventurous
G for grateful
I for intelligent
T for trailblazing
T for tenacious adept
A for adept
R for responsible
I for idealistic
U for unparalleled
S for sophisticated

Element: Fire

Colour: Blue

Day: Thursday

Ruler: Jupiter

Lucky Numbers: 3, 7, 9, 12, 21

Flower: Carnations

Lucky Gem: Turquoise

Strengths: Generous, idealistic, great sense of humour

Weaknesses: Promises more than can deliver, very impatient, will say anything no matter how undiplomatic

Sagittarius likes: Freedom, travel, philosophy, being outdoors

Sagittarius dislikes: Clingy people, being constrained, off-the-wall theories, details
Curious and energetic, Sagittarius is one of the biggest travelers among all zodiac signs.

The 5 Top Reasons to Love Being a Sagittarius

Super at home with the world, you're happy with a passport and a backpack — what else do you need?

Your mind is an endless labyrinth; you love getting to know yourself and what makes you tick. A born leader, you never worry about what people think. Your ideas are unique, and you don't second-guess yourself.

You have a creative vision that's on point, and appreciate museums, books, and culture, and pretty effortlessly stay on top—or are involved—with the latest going on in the arts world.

You're honest. People trust you, respect you, and you never get caught in a web of gossip or lies. You know that anyone could look through the text chains on your phone and you would be in the clear.

CONGRATULATIONS

LEX & ANNETTE COCKBURN

60 YEARS MARRIED

SOME HISTORICAL FACTS IN NOVEMBER

November 1st: 1898 Old-Age Pensions Act passes into law. A world first, the act gave a small, means-tested pension to destitute older people 'deemed to be of good character'; Chinese were specifically excluded. The act is considered one of the major achievements of Seddon's Liberal government.

November 3rd: 1886 Birth of iconic Anchor butter brand. Henry Reynolds's new factory at Pukekura, Waikato, produces its first butter. The brand name was allegedly inspired by a tattoo worn by one of Reynolds's workers.

1974 Reintroduction of 'Summer time' on a trial basis The trial was popular with most New Zealanders and daylight saving of one hour (from October to March) was made permanent in 1975.

November 4th: 1930 Phar Lap wins the Melbourne Cup. The NZ-bred (but Aussie-claimed) wonder-horse beat Second Wind by two lengths to win one of his greatest victories.

November 5th: 1881 1600 armed police and volunteers attack pacifist settlement at Parihaka Parihaka had come to symbolise opposition and protest to the confiscation of Maori land. Its leaders, Te Whiti and Tohu Kakahi, were arrested and exiled until March 1883.

November 6th: 1908 Last spike for North Island main trunk line. The last spike was driven home by Prime Minister Ward at Manganuioteao, between National Park and Ohakune. A regular express service between Auckland and Wellington began in February 1909.

November 7th: 1848 The *Acheron* arrives to begin survey of NZ waters. Captained by John Lort Stokes, the *Acheron* spent four years charting the New Zealand coastline. 1920 White New Zealand policy introduced. The Immigration Restriction Amendment Act 1920 made it necessary for immigrants to apply for a permanent residence permit before they arrived in New Zealand.

November 11th: 1918 Armistice Day. The 11th hour of the 11th day of the 11th month marks the moment when hostilities ceased on the Western Front in 1918, with the signing of the Armistice. In 2004 an Unknown NZ Warrior from the First World War was laid to rest at the National War Memorial.

November 14th: 1845 George Grey arrives in NZ. Grey served two terms as Governor and later one as Premier. His most notable achievement was probably his management of Maori affairs from 1845 to 1853.

November 15th: 1769 British flag flown for the first time in New Zealand at Mercury Bay In raising the British Colours in the Coromandel Peninsula, Cook claimed the area in the name of King George III.

November 19th: 1992 Fred Hollows Foundation launched in NZ. The foundation was established in Australia by the Kiwi-born ophthalmologist (eye doctor) to treat eye problems in some of the world's poorer countries. Within six years, 200,000 people had their sight restored via cataract surgery.

November 22nd: 1939 Bernard Freyberg assumes command of the NZ expeditionary force The First World War hero was British-born but New Zealand raised. He proved to be a charismatic and popular military leader who would later serve a term as Governor-General.

November 25th: 1903 Boxer, Bob Fitzsimmons wins third world title. Timaru boxer Bob Fitzsimmons in winning the world light-heavyweight championship, was the first man ever to be world champ in three different weight divisions.

November 26th: 1960 'Kiwi Keith' begins 12-year reign as PM. The National Party, led by Keith Holyoake, swept into power, defeating Walter Nash's Labour Party, who had held office for the previous three years.

November 29th: 1893 First woman mayor in British Empire elected Elizabeth Yates struck another blow for the rights of women the day after the first general election in which women could vote.

November 30th: 1949 Labour defeated after 14 years in power. After 14 years in power, voters seem to have tired of wartime shortages and regulations. The National Party will be in power for 29 of the next 35 years.

National Bittersweet Chocolate with Almonds Day - Mon Nov 7th, 2022

This intriguingly specific Day celebrates a particular combination of flavours – dark, bitter chocolate and toasted almonds. This is one of the oldest recipes involving chocolate known in the English-speaking world, featuring as the only chocolate dish in an 18th-century cookbook.

This festivity exists mainly as an idea circulated on the internet. It is sponsored by the National Confections Association, and celebrated and encouraged by organisations such as food.com, a site which aims to encourage cooking and the appreciation of food by holding various different food days. Both the tannins in dark chocolate and the various fatty acids in almonds have many health benefits, various studies have shown. Bitter Chocolate with Almonds Day encourages a delicious and nourishing dessert, which contributes to health and long life. Celebrate by dipping blanched almonds in the best dark chocolate you can find, and serving to your friends with a glass of red wine!



ROLLESTON LIONS CHRISTMAS FUNCTION

HORNBY WORKING MANS CLUB

SATURDAY 27 NOVEMBER

6.30 pm FELLOWSHIP

7.00 pm MEAL

PLEASE BRING A SECRET SANTA PARCEL UP TO \$5 IN VALUE PUT MALE/FEMALE ON PARCEL

DRESS UP IN CHRISTMAS ATTIRE FOR SOME FUN & PRIZES

UNIVERSAL CHILDREN'S DAY 2022



World Children's Day is UNICEF's annual day of action for children, by children.

From climate change, education and mental health, to ending racism and discrimination, children and young people are raising their voices on the issues that matter to their generation and calling for adults to create a better future.

This World Children's Day, it's more important than ever that the world listens to their ideas and demands.

On 20 November, kids will stand up for a more equal, inclusive world.

HISTORY OF UNIVERSAL CHILDREN'S DAY

Children's Day began on the second Sunday of June in 1857 by Reverend Dr. Charles Leonard, pastor of the Universalist Church of the Redeemer in Chelsea, Massachusetts. Leonard held a special service dedicated to, and for the children. Leonard named the day Rose Day, though it was later named Flower Sunday, and then named Children's Day.

Children's Day was first officially declared a national holiday by the Republic of Turkey in 1920 with the set date of April 23. Children's Day has been celebrated nationally since 1920 with the Turkish government and the newspapers of the time declaring it a day for the children.

However, it was decided that an official confirmation was needed to clarify and justify this celebration and the official declaration was made nationally in 1929 by the founder and the President of the Republic of Turkey, Mustafa Kemal Atatürk.

Though Universal Children's Day was established by the United Nations in 1954, it wasn't until November 20, 1959 that the UN General Assembly adopted an extended form of the Declaration of the Rights of the Child. Originally acquired in 1924 by the League of Nations, the UN adopted this document as its own statement of children's rights.

The original text reads as follows:

The child must be given the means requisite for its normal development, both materially and spiritually

The child that is hungry must be fed, the child that is sick must be nursed, the child that is backward must be helped, the delinquent child must be reclaimed, and the orphan and the waif must be sheltered and succored.

The child must be the first to receive relief in times of distress.

The child must be put in a position to earn a livelihood and must be protected against every form of exploitation.

The child must be brought up in the consciousness that its talents must be devoted to the service of its fellow men.

For the expanded version, the UN adopted 10 additional principles with an accompanying resolution, proposed by the delegation of Afghanistan, calling for governments to recognize these rights, strive for their acceptance, and publicize the document as widely as possible. On November 20, 1989, The UN General Assembly adopted the Convention of the Rights of the Child. The CRC is a human rights treaty setting out the civil, political, economic, social, health, and cultural rights of children. The document deals with child-specific needs and rights, requiring all nations that ratify it are bound to it by international law and must act within the best interests of the child.

In September 2012, the Secretary-General Ban Ki-moon of the United Nations led the initiative for the education of children. He firstly wanted every child to be able to attend school, a goal by 2015. Secondly, to improve the skill set acquired in these schools. Finally, implementing policies regarding education to promote peace, respect, and environmental concern.

Universal Children's Day is not just a day to celebrate children for who they are, but to bring awareness to children around the globe that have experienced violence in forms of abuse, exploitation, and discrimination. Children are used as laborers in some countries, immersed in armed conflict, living on the streets, suffering by differences be it religion, minority issues, or disabilities. Currently, there are about 153 million children between the ages of 5 and 14 who are forced into child labour.

BULLETIN MARG'S DRIBBLE

Hi Everyone

We've had some cracker days lately so lets hope the 1st day of summer will give us the summer we deserve.

I will be on holiday from the 12th to the 26th of October so everyones reports and articles must get to me no later than Saturday 22 October as our meeting is on the 2nd November. I won't get much time once I'm home so pretty please.

I hope everyone is enjoying the daylight saving with an extra hour of daylight at the end of the day. I'm loving it and have been busy in the garden.

Marg 😊

CODE OF ETHICS

TO SHOW my faith in the worthiness of my vocation by industrious application to the end that I may merit a reputation for quality of service.

TO SEEK success and to demand all fair remuneration or profit as my just due, but to accept no profit or success at the price of my own self-respect lost because of unfair advantage taken or because of questionable acts on my part.

TO REMEMBER that in building up my business it is not necessary to tear down another's. To be loyal to my clients or customers and true to myself.

WHENEVER a doubt arises as to the right ethics of my position or action towards others, to resolve such doubt against myself.

TO HOLD friendship as an end and not a means. To hold that true friendship exists not on account of the service performed by one to another, but that true friendship demands nothing but accepts service in the spirit it is given.

ALWAYS bear in mind my obligations as a citizen to my nation, my state, and my community and to give them my unswerving loyalty in word, act and deed. To give them freely of my time, labour and means.

TO AID others by giving my sympathy to those in distress, my aid to the weak, and my substance to the needy.

TO BE CAREFUL with my criticism and liberal with my praise, to build up and not destroy

DATES OF IMPORTANCE - PUT IT ON THE CALENDAR

01 November	Melbourne Cup Day
01 November	Meeting West Melton Membership Committee
02 November	Our tea meeting
05 November..	Fireworks fundraiser
11 November	Canterbury Anniversary Day
16 November	TOOT FOR TUCKER LINCOLN
20 November	LAST BULLETIN FOR THE YEAR
20 November	World Childrens Day
27 November..	Our Christmas Party
30 November	St Andrews Day
30 November	Toot for Tucker Rolleston
01 December	FIRST DAY OF SUMMER.....
02 December	Our Tea Meeting
20 December	School Holidays
22 December	Longest Day
24 December	Christmas Eve
24 December	Motukarara Races last event
for the year BYO			
25 December	Christmas Day
26 December	Boxing Day
09 – 12 February	Equestrian Event
January/February	Motor Rally
01 March	Field Days 3 days
11 or 18 March	Colour Fun Day date not set yet
June/July 2023	Materiki Breakfast



A Friend Is Like a Flower

**A friend is like a flower – a rose to be exact
Or maybe like a brand new gate – that never comes unlatched
A friend is like an owl, both beautiful and wise
Or perhaps a friend is like a ghost, whose spirit never dies
A friend is like those blades of grass – you can never mow
Standing straight, tall and proud – in a perfect little row
A friend is like a heart that goes – strong until the end
Where would we be in this world – if we didn't have a friend**



202E District Convention
24th – 26th March 2023
Hosted by The Lions Club of
Wigram
Venue: Hornby Club
Carmen Road
Christchurch
REGISTRATION FORM



IMPORTANT: Each PERSON must complete a separate registration form (please print clearly)

Surname		First Name	
Club		District	
Lion	Leo	Office Held	
Partner's Surname		First Name	
Postal Address		Post Code	
Email		Phone	

REGISTRATION AND FUNCTIONS	COST \$	LION	PARTNER (Non-Lion)	TOTAL \$
Convention Registration: Lion (Compulsory/non-refundable)	25.00		N/A	
Convention Registration: Non-Lion Partner (Compulsory/non-refundable)	25.00	N/A		
Friday Night Opening Ceremony + supper	25.00			
Saturday Morning tea and lunch	25.00			
Partner's Tour includes Morning tea and lunch	40.00			
Saturday Evening meal, entertainment and live music	55.00			
Sunday Rededication/Remembrance Service with light lunch	25.00			
Late registration fee (after 13 th March 2023)	20.00			
TOTAL TO PAY \$				

Dietary Requirements				
Gluten Free		Vegetarian		Dairy Free
				Other ?

REGISTRATION & PAYMENT OPTIONS *REGISTRATIONS CLOSE 13th March 2023*

Payment is by way of Internet Banking please.

Fill in this form Online: <i>do not forget to hit SUBMIT</i>		
OR EMAIL:	Attach your scanned registration form and send to: norm.james@xtra.co.nz	
OR Post:	Registrations, Lions 202E Convention, P.O. Box 11-111, Sockburn 8042	
INTERNET BANKING:	BNZ 02 0874 0283080 002	
Particulars:	Registration	Code: Your Club name
	Date on which Bank transfer made: / / 2023	Reference: Your name
Early Bird Registration: All Registrations received prior to 10 February 2023 go into prize draw.		